

■ デモスポ行事
エアロビック



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|-----------------------|-----------------------|----------------------------|
| C/100 M/60 DIC 641 | C/40 Y/100 DIC 211 | M/30 Y/30 DIC 5 |
| C/90 M/20 DIC 181 | M/10 Y/100 DIC 166 | M/40 Y/100 K/20 DIC 314 |
| C/40 M/30 DIC 436 | M/40 Y/100 DIC 163 | M/40 Y/100 K/50 DIC 339 |
| C/30 DIC 20 | M/100 Y/90 DIC 157 | K/40 DIC 543 |
| C/90 Y/100 DIC 638 | M/50 DIC 262 | K/100 DIC 582 |

30%

モノクロの網かけ部分は30%で統一